



What is Social Dance Lessons?

Let's face it, there is always dancing at weddings and most social events. Especially in the South African culture with the ever so popular "Sokkie / Langarm" dance! Most people would love to dance just to be part of the fun. But, sometimes lifestyle, career choices and even where we were raised just never seemed to open the doors to learn this wonderful art. Social Dance Classes at Dance'Age is designed to get couples / individuals started on their social dance path. Our goal is to get you going. We teach you the basics and the more you participate in dance activities the more you will grow in your own style and learn to make the dance your own. We focus mainly on Sokkie at the social dance classes, but we can also teach you the ever so popular Waltz or Two Step.

Who is it for?

All couples or individuals who would love to learn the art of dancing the Sokkie dance, the Waltz or Two Step. These classes are also ideal for couples getting married or scholars who will be attending Matric Farewells who can't dance. Basic Choreography can also be done for couples who are getting married. These classes are also great for couples who can dance, but just need some polishing to their technique.

What if I am not fit and have "two left feet" with no rhythm to speak of?

If you can put one foot in front of another to walk, then you will learn to dance with a partner. All you need to do: Be open, keep your sense of humour handy, be prepared to enjoy yourself at all times, accept that dance is a skill that can only be mastered if you practise and have patience with yourself. The more you dance, the better you WILL get!

What are some of the advantages of Social Dance and joining private class?

- You have an instructor all to yourself who will teach you and your partner the basics of dancing and moving together.
- You will learn fun tricks such as turns and dips which you can incorporate in your style of dancing.
- You will get some exercise.
- Social Dance classes are a wonderful way of spending quality time with your partner.
- You will be able to enjoy social events better by participating on the dance floor and showing off your skills.

What if I don't have a partner, but simply want to learn how to dance for social reasons?

No problem!! Your instructor will still be able to teach you the basics and with time as you attend social occasions and dance with other people you will develop your new found skill.

How much does it cost?

Social Dance Classes – Private Sessions:

1 x 60 minute Private Session for 1 – 2 Persons	R 280.00
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Class Days and Times:

All private dance sessions are offered on a pre-booked appointment basis only. Classes are offered during weekdays and in the evenings till 20:00.

Class bookings can be made by contacting Evelyn on 083 294 5616.