



Cell. : (+27) 83 294 5616  
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Cnr Fraser & Vowe Street  
17 Vowe Street  
HARRISMITH  
9880

**CLIENT GENERAL STUDIO RULES & INDEMNITY FORM**

**GENERAL CLIENT INFORMATION**

**Full Names & Surname:** \_\_\_\_\_  
\_\_\_\_\_ **I.D Number :** \_\_\_\_\_

**\*\*PARENT / LEGAL GUARDIAN IN THE CASE OF STUDENTS UNDER THE AGE OF 18 OR SCHOLARS\*\***

**Full Names & Surname:** \_\_\_\_\_  
\_\_\_\_\_ **I.D Number :** \_\_\_\_\_

**Physical Address:**

**Postal Address:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Code:** \_\_\_\_\_

**Code:** \_\_\_\_\_

**Cell. Number:** \_\_\_\_\_

**Work Number:** \_\_\_\_\_

**Employer:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**In case of emergency: Who can we contact?** \_\_\_\_\_ **Number:** \_\_\_\_\_

**Doctor:** \_\_\_\_\_ **Number:** \_\_\_\_\_

**General Studio Rules & Dress Codes:**

- ❖ We stretch, do floor work and kick up our legs in some classes and therefore adults & children attending these classes are required to wear hot-pants, cycling pants or ski-pants under baggy shorts, dresses and skirts. If any "underwear or privates" are in view, the client / student will be asked to sit out. Ladies: Please wear appropriate sports bras and tops / t-shirts.
- ❖ Shoes should be comfortable and must fit you well and should have a soft grip & soul, but must not be slippery. Please avoid running shoes , stilettos or hiking shoes. Barefoot dancing in classes such as the Belly Dance or for little children are also acceptable during the warmer months. The instructor may give or make further recommendations in accordance to the class you are participating in.
- ❖ T-shirts or clothing with offensive /political signs or logos are strictly prohibited.
- ❖ All Classes – Adults & Kids: Clients/Parents are advised that although these classes are intended for fun and non-competitive purposes, that dance & fitness instruction still require a certain amount of discipline and that instructors work on a lesson plan / syllabus format as set out by Dance'Age Studio. Therefore necessary measures will be taken by the instructor that class discipline is maintained at all times in order to ensure successful instruction.
- ❖ All Classes: Like mentioned above that classes should be a fun activity: We also motivate: Conversations, bonding and building of friendships during the classes, however, conversations can get carried away. The studio also has a time limit per session and clients have fitness or dance goals to achieve so that they may get full benefit from the classes they are paying for. Ongoing conversations between clients will be cut short by the instructor. In the event that conversations should continue, clients involved will be asked to leave the class or very loud music will be played to interrupt conversations so that class instruction may continue.
- ❖ Adults In Particular: Although we are all very casual and comfortable during classes and feel we may speak our minds in the way we see things: Please refrain from excessive swearing during classes. Not everybody approves and this may lead to the instructor having to ask you to scan your words prior to speaking or to leave the class.
- ❖ All events outside of classes may incur additional charges, however, parents and clients will be advised of any events (if any) well in advance. Full details of such intended events will be provided so that informed decisions regarding costs and commitment can be made.
- ❖ No under 14 year old children will be allowed in the studio during adult classes under ANY circumstances.
- ❖ No spectators allowed unless otherwise arranged. Once off sessions can be purchased and all people in the studio participate in classes providing that there is space available. Please check with your instructor that there is space in the class before agreeing to bring your friend/s to class.

Initial Here: \_\_\_\_\_



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- ❖ Most group classes are taught on a flexible lesson plan & do contain some sort of choreography / syllabuses. It is important that all classes be attended so that you don't fall behind as the instructor will not hold committed clients back just to tutor those who haven't been committed or who have difficulty to follow classes during the allocated time slots. Extra pre-paid private vouchers can be purchased if the client feels he / she needs to get back on track with the rest of the group.
- ❖ Admin / Assessment fees paid by contract holders covers a basic assessment so the instructor may assist the client to set goals, determine his / her limitations so he / she can work accordingly whilst attending classes, to advise on special needs, etc.. This fee also involves a one on one training session with your instructor to get you started on the lesson plans and choreography that is taught in group classes. All assessment sessions take place Mondays to Fridays on a set appointment basis only. If you don't arrive for your appointment, the session will be cancelled and no refund or credits will be given. Appointments may be rescheduled providing that this is done 24 hours prior to the set appointment. This Admin / Assessment fee is payable by all contract holders and is valid for one month only and non refundable. The Admin / Assessment fee may vary in price and duration in accordance to the chosen contract.
- ❖ Parents: The studio does not provide transport for children to and from classes and there is no under roof waiting area. Please make the necessary arrangements and ensure that somebody is available to drop off children in time for classes and to collect them directly after classes.

### INDEMNITY / DISCLAIMER AGREEMENT

Although care has been taken to provide you / your child with quality and safe instruction: Accidents and unforeseen circumstances may occur & therefore no claim may be lodged against the sole proprietor of Dance'Age Studio and/or any recognized assistant instructors / instructors / other assistants of said studio, nor against the person/s and/or organization/s who own the venue/s from which said studio operates, should any injury, personal loss, death, loss through theft or damage of whatever nature occur whilst attending class or rehearsing at home. All clients participate in classes, rehearse work learnt during class or recommended exercise at home, perform from any other venue or make use of the studio premises strictly at their own risk. You are advised that even if you are in a perfect state of health, that injuries do happen and that the Studio nor it's instructors can be held responsible for these injuries. You are also advised to "listen" to your body – if it hurts or feels too strenuous – STOP!

Classes involve but are not limited to: Various forms of dance movements, stretching, toning, jumping, working with weights, etc.. As a result of such movements injury and or even death may occur. You are advised to seek the professional advice of your doctor if you suffer from any medical condition such as: Illnesses, heart conditions, other physical or mental conditions; physical injuries, had any operations or haven't exercised for a long period of time or if you suffer from any other conditions that may be adversely affected as a result of taking part in any of the classes offered at Dance'Age Studio prior to signing up for any classes. You are also advised that it's not recommended to exercise during the first trimester of pregnancy and that not all exercise / dance offered at the studio is suitable for pregnant ladies. Please be careful. You are also advised to inform the studio of any medical conditions you are suffering from prior to signing up or taking part in any of the classes. You are required to inform your instructor should anything in your medical conditions change or if you should become pregnant as soon as possible. Some classes may be placed on hold to you as client until a clearance certificate is received from your Doctor that you may participate in classes.

Parents & Clients are advised of the following: When instructing dance or exercise it is not always possible to help the client / child by giving verbal instruction or teaching via visual instruction and so it may be necessary for the instructor to make physical contact with clients or minors in order to correct postures or body lines or even just to teach the client or minor how to dance with a partner.

Unless otherwise agreed: The client / parent herewith gives permission that all photographs and videos taken during studio classes and/or special events, on which the client /minor appears, may be used by Dance'Age for printed or web based marketing or for educational purposes.

Right of Admission Reserved: The Instructor reserves the right to ask any person to leave the premises / class for any rude / abusive / aggressive / offensive / racist / general poor behaviour behavior or any other behavior which he or she finds inappropriate dance or which may interfere with the quality of tuition for other clients / children. You are advised that poor behaviour may result in the contract being terminated.

I have read the above mentioned agreements, terms & conditions, rules and indemnity agreement and undertake to abide by them. This form serves as a legal Contract between the above mentioned dance studio and myself.

Signed on this date \_\_\_\_\_ 20 \_\_\_\_\_ at \_\_\_\_\_.

Client Signature: \_\_\_\_\_

Legal Guardian / Parent (in the case of minors and scholars): \_\_\_\_\_

Initial Here: \_\_\_\_\_